



HIS EMINENCE GYALWA DOKHAMPA  
**April 13-17: Melbourne**

FRIDAY 15/04/2016

## **PROGRAM**

6:00-7:00pm: Screening the documentary PAD YATRA:  
A Green Odyssey (short version)

7:15pm: A talk by His Eminence on Bhutan &  
Himalayas Culture

7:30 - 9:00pm: Panel Discussion on “A healthy  
environment & a harmonious culture – the secret to  
happiness”

HIS EMINENCE GYALWA DOKHAMPA

## Bhutan & Himalayas Culture



# A healthy environment A harmonious culture *“the secret to happiness”*

## Panel Discussion



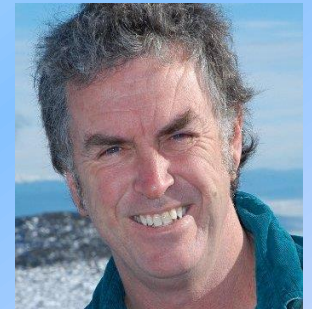
IX Gyalwa Dokhampa Venerable Thich  
Phuoc Tan



Senator Janet Rice



Peter Heffenden



Roger Gardner

Moderator : Myly Nguyen

# Speaker

## His Eminence IX Gyalwa Dokhampa Jigme Pema Nyinhjad



His Eminence has studied Buddhism since the age of five when he was officially enthroned and completed his Masters degree from Tango Monastic University in Thimphu, Bhutan which is a nine year course in the Drukpa Order. His Eminence is the author of the book Restful mind – A new way of Thinking, A new way of Life. This book received worldwide attention as he has a real understanding of the pressures of modern life and how our crowded minds have left us too little space to stretch and grow. He shows us new ways to calm body and mind, become more aware, better able to deal with problems and appreciate the moment.

Furthermore, His Eminence's teaching emphasizes on Buddhism not being a religion but rather a way of life which will ultimately result in finding happiness. His Eminence has participated on many panel discussions which include famous personalities, prominent business men, professors, journalists, students covering subjects from 'Buddhism and science', 'Buddhism and Vegetarianism', 'Life off Track', 'Dream and Reality' to 'Buddhism and the High Performance Mind' to name a few. His Eminence is passionate about reaching the youth and frequently accepts requests to teach in Universities and High Schools.

His Eminence also emphasizes on a balance between individual right and individual responsibility to the society and to the environment. Like His Holiness Gyalwang Drukpa, His Eminence too encourages preservation of the natural environment by leading an annual pad yatra in Bhutan bringing awareness to the interdependent relationship between the individual and the environment, mindfulness and emotional well being.

His Eminence was recognized by His Holiness the Dalai Lama and His Holiness the Gyalwang Drukpa. As one of the spiritual heirs of His Holiness Gyalwang Drukpa, His Eminence teaches Buddhist philosophy and practices of the Drukpa lineage internationally and spearheads the Drukpa Centers in Nepal, Singapore, Hong Kong, Malaysia, Vietnam, Taiwan, Peru, Mexico, USA and Brazil amongst others.

# Speaker

## Venerable Thich Phuoc Tan OAM

Abbot of Quang Minh Temple



Senior Venerable Thich Phuoc Tan arrived in Australia as a Vietnamese boat refugee. He was ordained under Pureland Mahayana by The Late Most Venerable Thich Phuoc Hue in Sydney 1981 and has been practising and teaching Pure Land Mahayana Buddhism since then.

He became the President of United Buddhist Congregation of Victoria and Abbot of Quang Minh Buddhist temple in 1997. Currently he is a Vice President of The United Vietnamese Buddhist Congregation in Australia and New Zealand.

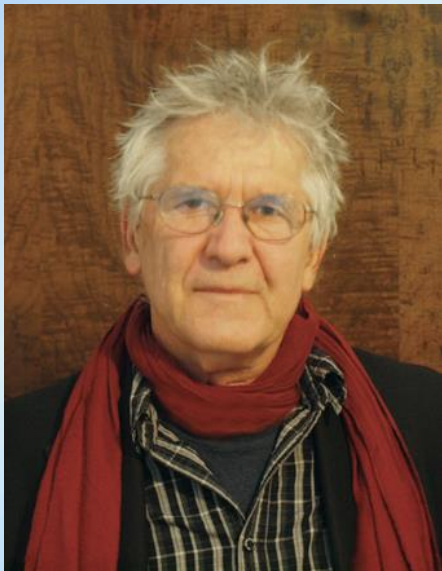
He is also a member of Emergency Relief Committee and Clean and Green Committees of Maribyrnong City Council. He has never missed a Clean Up Australia Day since 1995.

In 2008, Venerable Phuoc Tan was awarded an Order of Australia Medal in recognition of his services to the community, an honour he promptly shared with the community.

# Speaker

## **Peter Haffenden**

Conservation Analysis - Director of Melbourne  
Living Museum from 1997 -2008



Peter grew up in the local area of the western suburbs of Melbourne, spent 24 years working in the museum industry as a photographer, project manager, administrator and Director. His first employed job as a journalism photographer that led to his main career at the Living Museum in the City of Maribyrnong which researched and presented the history and heritage of the western side of Melbourne. During his work in museums, Peter managed more than a hundred projects and supervised the production of innumerable events and exhibitions. Several of these exhibitions won commendations and prizes.

Peter has always been passionate and knowledgeable about the natural history and heritage of this western region. The natural landscape is part of a large grassland region that extends for miles miles and miles. It was this extensive grassland that brought Europeans here in the middle of the nineteenth century with their sheep and their economic ideas of making a fortune by breeding sheep and selling wool. Most of the region's history since that time has sprung from the introduction of those sheep. The ecosystems that existed then were trampled under foot faster than any environment on planet Earth had been.

Just a few short years ago Peter and his partner, Kerrie were asked to involve in a Volcano Dreaming project, based on an exhibition called Pobblebonk about the fauna of the Maribyrnong River Valley. They designed an exhibition about the fabulous grasslands that existed here about 180 years ago and explain to people about the ecosystems of the grasslands. Today, we are delighted to have Peter, a person who is dedicated and passionate about the protection and preservation of the unique biodiversity.

# Speaker

## Senator Janet Rice

Life Member, Australian Greens  
Climate Scientist & Environmentalist



Janet Rice grew up in Melbourne's western suburbs, and lives in Footscray with her partner Penny.

After studying climate science at Melbourne University, Janet worked with local communities to protect native forests from logging and make it easier for people to ride their bike and catch public transport. She was one of the leaders of the campaign that resulted in the protection of the magnificent forests of the Errinundra National Park in East Gippsland, Victoria, and one of the founders of the Greens in Victoria

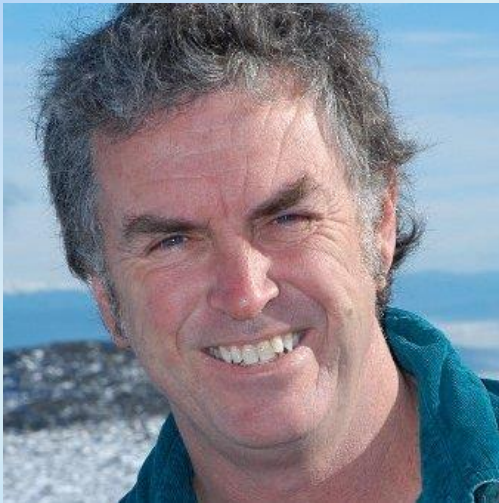
As a councillor and later mayor of the City of Maribyrnong, Janet positioned Maribyrnong as an innovator in environmental policy with the adoption of a carbon-neutral strategy. Under her leadership, residents enjoyed the benefits of improved cycling infrastructure and planning models that encouraged walking and the use of public transport. Janet was also the first co-ordinator of Bicycle Network Victoria's Ride2Work program.

Janet entered the Senate in 2014. As the Australian Greens spokesperson for mental health, gender identity and intersex issues, transport and infrastructure, forests and tourism, Janet advocates for policies and decision making to be publicly accountable and based on evidence of economic efficiency, social wellbeing and ecological health.

# Speaker

**Robert Gardner**

Environmental Scientist - Director of Robert Gardiner & Associates



Robert Gardner has moved more times than he can remember. He has been settled for the last decade in a rural area near the town of Yea, just over the ranges from Toolangi Forest since 2003. He frequently travels interstate and has just returned from auditing and training a construction company in Papua New Guinea, strongly focus on greenhouse gas footprint.

Robert studied ecology, geomorphology, statistics and marine science at Griffith University for six years. He joined the Navy as a commissioned officer in 1990 (as their first full time Environmental Officer), worked closely with the rural residents of nearby Westernport to develop significant extensions to the RAMSAR wetlands in Naval waters, provided training for approximately 4000 sailors in environmental responsibilities and international MARPOL short for Marine Pollution Laws.

Robert retired from the Navy in 1998, and moved into the corporate world until 2002 as the National Environmental Manager of a large engineering company. Becoming disillusioned with sustainable corporate 'green wash' and a philosophical change in his employers business practices, he resigned and now works as an independent environmental scientist, systems auditor and trainer. He has now consulted for over 200 businesses in the last decade and has a strong ethos for businesses (his clients) to adopt management practices that promote ethical and more 'sustainable' business practices.

# Moderator

## Myly Nguyen

Information Specialist

President, Victoria United Nations Day of  
Vesak



Born in Vietnam, Myly grew up in a family that devoted their lives to Pure Land practice. Her first exposure to the Heart Sutra was at the age of five, then Diamond Sutra and Lotus Sutra also became her bible in daily learning and practising.

Arrived in Australia on her own in 1981, she joined the Vietnamese Buddhist Youth Association Victoria as a Secretary. In 1984, she became the first General Secretary of the Vietnamese Buddhist Youth Association of Australia. Currently, she is a Treasurer of The United Vietnamese Buddhist Congregation of Australia & New Zealand and also holds the President role of Victorian United Nations Day of Vesak Inc.

Beside her works in the Buddhist community, Myly received honour degree in Document Management in 1997. In 2000, she graduated with Grad Diploma of Arts in Civil Ceremonies (Monash University) and was the first Vietnamese-Australian female appointed by the Attorney-General's Department in year 2001 to become a Commonwealth-Registered Marriage Celebrant. In 2005, she presented her thesis on "Changing roles for the information professional: a study of Learning Resources Centres in Vietnam" at RMIT University.

In recognise of outstanding scholar achievement and excellence, she has granted the rights, honours and privileges to become a lifetime members on Golden Key National Honour Society at RMIT University in 1998.

Myly interests also include Consciousness Studies and Buddhist Philosophy.